Corinth Kid's Ministry

MOVEMENT MATTERS

Why are we moving and transitioning locations more this year?

- **Resets Focus and Attention Spans:** Kids have a limited attention span, often smaller than we think. A physical move, even just from one room to another, acts as a mini "brain break", often resetting their focus so they are ready to absorb the next part of their lesson. This is a great mental shift, and if your classroom is getting rowdy, try having them get up from their chairs or if the large group space is available, move your discussion time into the large group space.

- **Channels Energy Positively:** Movement gives kids a healthy outlet for their natural energy, turning what could be a classroom disruption or restlessness into a productive, structured activity. This is also why I like to let the K-2 classroom (and nursery rooms) color their page while I talk to them about the lesson. It gives them a place to focus and move (even to a small level), while talking to them. It might seem like a distraction, but I often get better engagement even if I have to ask the question to a couple of kids at a time and move around the room. Give it a try!

- **Engages Kinesthetic Learners:** Children learn in different ways. Incorporating movement caters to hands-on and active learning (kinesthetic), helping them engage with the ministry environment through more than just listening and sitting. This is why sometimes kids learn even more from a fun activity than Bible-based discussion. In fact, many of the suggested responses to explain an activity have the exact concept being both verbally taught and visually taught.

- **Builds Community and Keeps Things Fresh:** Whereas kids do thrive on routine, they also enjoy variation that prevents Sunday School from feeling rigid and makes it a dynamic, fun, and memorable place that they will want to come back to time and time again.

IF YOU HAVE ANY QUESTIONS ABOUT TRANSITIONING FROM SMALL GROUP TO LARGE GROUP TO SMALL GROUP. OR IF YOU HAVE IDEAS OF HOW YOU'D LIKE TO ENGAGE THE KIDS WITH THEIR LESSONS AND ACTIVITIES. PLEASE REACH OUT! WHEN YOU GET YOUR LESSONS ON MONDAY. THIS GIVES YOU TIME THROUGHOUT THE WEEK TO GO THROUGH IT. PERHAPS YOU HAVE AN IDEA. AND I CAN HELP MAKE IT HAPPEN!